



## Looking for a Unique and Caring Holiday Gift?

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### New Seminar for Baby Boomers Embracing Change

## WHAT'S NEXT: Finding Your Calling, Passion or Purpose

Starts January 12, 2009

Twice monthly—Tuesday evenings, 7:30 – 9:00 pm

At “The Studio for Crafting Lives” - Topsfield

### About the Program

The seminar, “*What’s Next: Finding Your Calling, Passion or Purpose,*” gives baby boomers the tools and insights to create a more joyful and meaningful second half of life. Each session is collaborative and personally customized for participants. You can expect significant breakthroughs.

The seminar is based on Gail Jones’ 18 years of expertise guiding adults through transition. During this program, you will experience the following:

- Month 1: Learning the discovery tools for finding right livelihood and defining “a calling.”
- Month 2: Maneuvering through the necessary emotional stages of transition.
- Month 3: Releasing limiting beliefs and incorporating new brain-based coaching techniques.
- Month 4: Setting new intentions and implementing other skills for creating anew.

Those who cannot attend a Tuesday evening should still contact Gail.

If there are enough people interested in another time slot, a second workshop will be added.

### Location

The workshop will be held at Gail’s Topsfield studio. Specific location details will be given to paid registrants.

### Fee

Program fee is \$50 per session (\$400 for 8 sessions).

A \$100 deposit is required by January 3<sup>rd</sup>.



The Studio for Crafting Lives



### About Gail Jones

Gail is a life coach, author and workshop leader who helps clients create empowering beliefs and new internal foundations for personal, financial and professional success.

“Although our calls are our own, nowhere is it written that we must pursue them alone....Resourceful people gather their resources, send for provisions, and join forces, whether they need help in pulling themselves through their own resistance, carrying the torch through the dark places on the journey, or letting go of one calling for the next.” –Greg Levoy, *Callings*.